In-Person

EMDR Therapy Basic Training

Level 1

This EMDR training is designed for licensed and practicing mental health professionals and trainees in the mental health field.

DATE : 1 - 4 October 2026
TIME : 9.00 AM - 5.00 PM
VENUE : Klang Valley

Training Consultants

Dr. Parul Tank

Consultant psychiatrist and therapist at Fortis Hospital and Asian Heart Institute with extensive experience in mental health, and a teacher and trainer of Trauma Therapy in Asia.

Ms. Sudha Kudva

EMDRIA certified and an approved EMDR Therapy consultant, an accredited supervisor in Creative Art Therapies, and a licensed counselor for individuals, couples, and families.

Requirements

- Completed 2-day Introduction to Psychotraumatology Workshop*conducted by TTA **AND**
- Licensed and practicing mental health professionals (i.e. psychologists, counsellors, and psychiatrists) **OR** graduate students, enrolled in a master's or doctoral program related to mental health following a licensure track actively participating in the internship phase with access to clients

**Kindly refer to the registration link for the Introduction to Psychotraumatology Workshop (Aug 2026 intake) in this EMDR Basic Training application form.*

Fees

- **Fees: RM3700/pax**
- **Early Bird Fees: RM3300/pax** (By 31st July 2026)

**The fees are inclusive of handouts and light refreshments.*

Introduction to Psychotraumatology Workshop is happening on 15th - 16th August 2026. Register now to avail the Early Bird Discount!

Registration closes **1 week before the training date** or when maximum capacity reached. Please note that the training requires a **minimum of 12 participants** to proceed.

Training Overview

- The training meets EMDR Asia requirements and includes lectures, live demonstrations, videotaped demonstrations, and supervised practice.

Register to Proceed Next!

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Organised By: Trauma Therapy Association

In Collaboration With: emdr asia

Endorsed By: EMDR Institute, Inc. Eye Movement Desensitization and Reprocessing; Trauma Recovery EMDR Humanitarian Assistance Programs